



NCERT 45 DAYS PLAN

Day	Subject	Class	Topic
1	Polity	Class 9	What is Democracy? Why Democracy?, Constitutional Design, Electoral Politics
2	Polity	Class 9, Class 10	Working of Institutions, Democratic Rights, Power-sharing
3	Polity	Class 10	Federalism, Gender, Religion and Caste, Political Parties
4	Polity	Class 10, Class 11	Outcomes of Democracy, Constitution: Why and How? Rights in the Indian Constitution
5	Polity	Class 11	Election and Representation, Executive, Legislature
6	Polity	Class 11	Judiciary, Federalism, Local Governments
7	Polity	Class 11	Political Theory: An Introduction, Freedom, Equality, Social Justice
8	ECONOMICS	Class 9	The Story of Village Palampur, People as Resource, Poverty as a Challenge
9	ECONOMICS	Class 9, Class 10	Food Security in India, Development, Sectors of the Indian Economy
10	ECONOMICS	Class 10	Money and Credit, Globalisation and the Indian Economy, Consumer Rights
11	ECONOMICS	Class 11	Development Policies and Experience (1947-90), Indian Economy 1950-1990
12	ECONOMICS	Class 11, Class 12	Economic Reforms Since 1991, Government Budget - Meaning and its Components, Open Economy Macroeconomics
13	REVISION	Polity, Economics	All topics from Days 1-12
14	HISTORY	Class 6	What, Where, How and When?, On the Trail of the Earliest People, From Gathering to Growing Food, In the Earliest Cities
15	HISTORY	Class 6	What Books & Burials Tell Us, Kingdoms, Kings & an Early Republic, New Questions and Ideas, Ashoka, The Emperor Who Gave Up War
16	HISTORY	Class 7	Tracing Changes Through a Thousand Years, Kings and Kingdoms, Delhi: 12th to 15th Century
17	HISTORY	Class 7	The Mughals (16th to 17th Century), Tribes, Nomads and Settled Communities, Devotional Paths to the Divine
18	HISTORY	Class 8	How, When and Where, From Trade to Territory, Ruling the Countryside
19	HISTORY	Class 8	Tribals, Dikus and the Vision of a Golden Age, When People Revolt 1857 & After, Civilising the "Native", Educating the Nation
20	HISTORY	Class 9	The French Revolution, Socialism in Europe and the Russian Revolution, Nazism and the Rise of Hitler



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Day	Subject	Class	Topic
21	HISTORY	Class 9, Class 10	Forest Society and Colonialism, Nationalism in India (assumed)
22	HISTORY	Class 11	Writing and City Life, An Empire Across Three Continents, Nomadic Empires
23	HISTORY	Class 12	Challenges of Nation Building, Era of One-party Dominance, Politics of Planned Development
24	SCIENCE	Class 6	The Wonderful World of Science, Diversity in the Living World, Mindful Eating, Exploring Magnets
25	SCIENCE	Class 6	Measurement of Length & Motion, Materials Around Us, Temp & its Measurement, A Journey through States of Water
26	SCIENCE	Class 7	Nutrition in Plants, Nutrition in Animals, Heat, Acids, Bases and Salts
27	SCIENCE	Class 7	Physical and Chemical Changes, Respiration in Organisms, Reproduction in Plants, Motion and Time
28	SCIENCE	Class 9	Matter in Our Surroundings, Is Matter Around Us Pure? Atoms and Molecules, Structure of the Atom
29	SCIENCE	Class 10	Chemical Reactions and Equations, Acids, Bases and Salts, Metals and Non-metals, Carbon and its Compounds
30	SCIENCE	Class 10	Life Processes, Control and Coordination, How do Organisms Reproduce?, Heredity
31	REVISION	History, Science	All topics from Days 14-30
32	GEOGRAPHY	Class 6	The Earth in the Solar System, Globe: Latitudes and Longitudes, Motions of the Earth
33	GEOGRAPHY	Class 6	Maps, Major Domains of the Earth, Our Country - India
34	GEOGRAPHY	Class 7	Environment, Inside Our Earth, Our Changing Earth
35	GEOGRAPHY	Class 7	Air, Water, Human Environment Interactions
36	GEOGRAPHY	Class 8	Resources and Development, Forest and Wildlife Resources, Water Resources
37	GEOGRAPHY	Class 9	India - Size and Location, Physical Features of India, Drainage
38	GEOGRAPHY	Class 9, Class 10	Climate, Natural Vegetation and Wildlife, Agriculture
39	GEOGRAPHY	Class 10	Minerals and Energy Resources, Manufacturing Industries, Lifelines of National Economy
40	GEOGRAPHY	Class 11	Geography as a Discipline, The Origin and Evolution of the Earth, Interior of the Earth



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41	GEOGRAPHY	Class 11	India - Location, Structure and Physiography, Drainage System
42	GEOGRAPHY	Class 12	Human Geography: Nature and Scope, The World Population, Human Development
43	GEOGRAPHY	Class 12	Population: Distribution, Density, Growth and Composition, Human Settlements, Land Resources and Agriculture
44	ENVIRONMENT	Class 12	Organisms & Populations, Ecosystem, Biodiversity & Conservation
45	REVISION	History, Science	All topics from Days 32-44

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